



Practice of Zen



Edinburgh Fringe Show, Venue 39

By Derek, edfringe25 - 9th Aug 2025

This is a show which will provoke you to philosophy or lead you to surrender to its beauty. It starts with a video montage of old Wushu TV excerpts to set up the world of the play. Wuxia is a Chinese fiction of ancient martial artists who have supernatural powers. A girl reveals how she dreamt of gaining such powers and we then follow her through a mythical journey involving Zen, Daoism, acupuncture points and moral decisions before final words from Bruce Lee. And the dialogue is in Cantonese with surtitles on the screen. It's a challenge to follow her dilemma, but just as satisfying to relax into the symbolism. Though the cast wear childlike capes, this is no children's fairytale as she confesses to many murders. Puppetry and clever lighting add to the illusions. Take the chance to share Theatre Ronin's' vision of our existence. It shines on many levels.